

Forge Ahead Training

COURSE DATES & LOCATIONS

LM01: INTRODUCTION TO LEADERSHIP & MANAGEMENT

LOCATION	DATE	DATE	DATE
SWANSEA			7-8th Oct
CARDIFF	25-26th May	13-14th July	29-30th Sept
BRISTOL	18-19th May	12-13th July	4-5th Oct
PLYMOUTH	18-19th May	20-21st July	5-6th Oct
GLOUCESTER	27-28th May	14-15th July	6-7th Oct
SWINDON	20-21st May	7-8th July	29-30th Sept
BIRMINGHAM	18-19th May	5-6th July	27-28th Oct

PD01: ASSERTIVENESS SKILLS FOR LIFE

LOCATION	DATE	DATE	DATE
SWANSEA	28th April		28th Sept
CARDIFF	27th April	23rd Aug	23rd Sept
BRISTOL	27th April	18th June	21st Sept
PLYMOUTH	29th April		22nd Sept
GLOUCESTER	30th April	18th June	23rd Sept
SWINDON	26th April	27th Aug	29th Sept
BIRMINGHAM	28th April	25th Aug	28th Sept

LM02: INTRODUCTION TO TEAM LEADERSHIP

LOCATION	DATE	DATE	DATE
SWANSEA	8-9th June	27-28th Sept	25-26th Nov
CARDIFF	1-2nd June	14-15th Sept	16-17th Nov
BRISTOL	8-9th June	20-21st Sept	15-16th Nov
PLYMOUTH	8-9th June	20-21st Sept	23-24th Nov
GLOUCESTER	10-11th June	22-23rd Sept	18-19th Nov
SWINDON	3-4th June	15-16th Sept	17-18th Nov
BIRMINGHAM	1-2nd June	13-14th Sept	23-24th Nov

PD02: DEALING WITH DIFFICULT PEOPLE

LOCATION	DATE	DATE	DATE
SWANSEA	24th June	17th Sept	11th Nov
CARDIFF	22nd June	14th Sept	9th Nov
BRISTOL	24th June	16th Sept	11th Nov
PLYMOUTH	23rd June	3rd Sept	10th Nov
GLOUCESTER	21st June	3rd Sept	10th Nov
SWINDON	23rd June	15th Sept	12th Nov
BIRMINGHAM	22nd June	13th sept	9th Nov

LM03: PERFORMANCE MANAGEMENT & APPRAISALS

LOCATION	DATE	DATE	DATE
SWANSEA	13th May	22nd July	11th Nov
CARDIFF	11th May	6th July	9th Nov
BRISTOL	12th May	15th July	11th Nov
PLYMOUTH	12th May	8th July	10th Nov
GLOUCESTER	13th May	9th July	10th Nov
SWINDON	11th May	16th July	12th Nov
BIRMINGHAM	10th May	9th July	9th Nov

PD03: EFFECTIVE TIME MANAGEMENT

LOCATION	DATE	DATE	DATE
SWANSEA	4th June	17th Sept	3rd Dec
CARDIFF	1st June	15th Sept	30th Nov
BRISTOL	3rd June	16th Sept	2nd Dec
PLYMOUTH	2nd June	17th Sept	2nd Dec
GLOUCESTER	3rd June	3rd Sept	3rd Dec
SWINDON	2nd June	16th Sept	30th Nov
BIRMINGHAM	1st June	14th Sept	29th Nov

LM04: COACHING FOR PERFORMANCE

LOCATION	DATE	DATE	DATE
SWANSEA	6th May	22nd July	9th Sept
CARDIFF	4th May	6th July	7th Sept
BRISTOL	6th May	15th July	8th Sept
PLYMOUTH	5th May	8th July	8th Sept
GLOUCESTER	7th May	1st July	9th Sept
SWINDON	5th May	16th July	7th Sept
BIRMINGHAM	4th May	19th July	6th Sept

PD04: GOAL SETTING

LOCATION	DATE	DATE	DATE
SWANSEA	10th June		3rd Dec
CARDIFF	27th May	23rd Sept	30th Nov
BRISTOL	3rd June	20th Sept	2nd Dec
PLYMOUTH	27th May	21st Sept	2nd Dec
GLOUCESTER	10th June	22nd Sept	3rd Dec
SWINDON	9th June	30th Sept	30th Nov
BIRMINGHAM	8th June	27th Sept	29th Nov

COURSE DATES & LOCATIONS

LM05: MOTIVATING A TEAM

LOCATION	DATE	DATE	DATE
SWANSEA	6th May	29th July	9th Sept
CARDIFF	4th May	27th July	7th Sept
BRISTOL	6th May	22nd July	8th Sept
PLYMOUTH	5th May	28th July	8th Sept
GLOUCESTER	7th May	23rd July	9th Sept
SWINDON	5th May	21st July	7th Sept
BIRMINGHAM	4th May	20th July	6th Sept

PD05: PRACTICAL PRESENTATION SKILLS

LOCATION	DATE	DATE	DATE
SWANSEA	11th Oct	21st Dec	
CARDIFF	2nd Sept	7th Dec	
BRISTOL	14th Oct	16th Dec	
PLYMOUTH	19th Oct	15th Dec	
GLOUCESTER	20th Oct	14th Dec	
SWINDON	1st Sept	9th Dec	
BIRMINGHAM	12th Oct	8th Dec	

LM06: CREATIVE THINKING & PROBLEM SOLVING

LOCATION	DATE	DATE	DATE
SWANSEA	1st July		4th Nov
CARDIFF	15th June	5th Aug	2nd Nov
BRISTOL	17th June	4th Aug	4th Nov
PLYMOUTH	17th June		5th Nov
GLOUCESTER	16th June	6th Aug	3rd Nov
SWINDON	15th June	3rd Aug	4th Nov
BIRMINGHAM	8th June	2nd Aug	2nd Nov

PD06: DEALING WITH STRESS

LOCATION	DATE	DATE	DATE
SWANSEA	13th May	18th Oct	28th Oct
CARDIFF	11th May	5th Aug	27th Oct
BRISTOL	12th May	4th Aug	28th Oct
PLYMOUTH	12th May	26th Aug	25th Oct
GLOUCESTER	13th May	6th Aug	26th Oct
SWINDON	11th May	3rd Aug	25th Oct
BIRMINGHAM	10th May	2nd Aug	22nd Oct

CS01: SUCCESSFUL SELLING: A CONSULTATIVE APPROACH

LOCATION	DATE	DATE	DATE
SWANSEA			25-26th Nov
CARDIFF	25-26th May	13-14th July	16-17th Nov
BRISTOL	18-19th May	12-13th July	15-16th Nov
PLYMOUTH	18-19th May	20-21st July	23-24th Nov
GLOUCESTER	27-28th May	14-15th July	18-19th Nov
SWINDON	20-21st May	7-8th July	17-18th Nov
BIRMINGHAM	18-19th May	5-6th July	23-24th Nov

CS02: NEGOTIATING & INFLUENCING SKILLS

LOCATION	DATE	DATE	DATE
SWANSEA	14th June		4th Nov
CARDIFF	15th June	29th July	2nd Nov
BRISTOL	17th June	28th July	4th Nov
PLYMOUTH	17th June		3rd Nov
GLOUCESTER	16th June	30th July	3rd Nov
SWINDON	15th June	27th July	4th Nov
BIRMINGHAM	14th June	26th July	2nd Nov

CS03: DEVELOPING EXCELLENCE IN CUSTOMER SERVICE

LOCATION	DATE	DATE	DATE
SWANSEA	24th June		7th Oct
CARDIFF	22nd June	19th Aug	8th Oct
BRISTOL	24th June	18th Aug	5th Oct
PLYMOUTH	23rd June		5th Oct
GLOUCESTER	21st June	20th Aug	6th Oct
SWINDON	23rd June	17th Aug	3rd Oct
BIRMINGHAM	22nd June	16th Aug	4th Oct

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LOCATION	DATE	DATE	DATE	DATE
SWANSEA		7th June	28th Aug	
CARDIFF	24th May	28th June	19th Aug	10th Nov
BRISTOL	17th May	11th June	18th Aug	15th Oct
PLYMOUTH	25th Aug		24th Sept	
GLOUCESTER	14th May	28th May	20th Aug	1st Nov
SWINDON	17th May	25th June	17th Aug	8th Nov
BIRMINGHAM	14th May	25th June	16th Aug	27th Oct